

BROOKLINE HIGH SCHOOL  
*Department of Pupil Support Services*

Name of Student \_\_\_\_\_  
Homeroom \_\_\_\_\_  
Home Telephone Number \_\_\_\_\_  
Cell Phone Number \_\_\_\_\_  
Email Address \_\_\_\_\_

Please return this  
report to your  
guidance counselor.  
**DUE:**

TO: Juniors/Seniors  
FROM: Your Guidance Counselor  
RE: Self-Description Form

Your counselor will be writing an official school report early this/next fall. This is, in essence, a personal and academic recommendation which will accompany transcripts to all colleges and jobs to which you apply. The **School Report** will be a compilation of information from what your counselor knows about you, the junior evaluation forms, Parent Brag Sheet and any additional information you can provide. **Please complete this form in as much detail as possible.** Include anything you think prospective employers or admissions officers should know about you. Don't be afraid to "toot your own horn."

**PERSONAL INFORMATION**

1. How many members are there in your family group including yourself? \_\_\_\_\_

2. Siblings:

a.	_____	_____	_____	_____
	(first name)	(age)	(relationship)	(name of school)
b.	_____	_____	_____	_____
c.	_____	_____	_____	_____
d.	_____	_____	_____	_____

3. Education of (parents) or guardian(s) - school, college, degree(s):  
\_\_\_\_\_  
\_\_\_\_\_

4. Were you born in this country? \_\_\_\_\_ Yes \_\_\_\_\_ No

If "no," where were you born and when did you arrive? \_\_\_\_\_  
\_\_\_\_\_

Is English spoken in your home? \_\_\_\_\_ Yes \_\_\_\_\_ No

If "no," what language? \_\_\_\_\_

How many languages do you speak? \_\_\_\_\_

What are they? \_\_\_\_\_

5. Is there anything that has happened in your home or family that has affected you as a student?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## EXTRACURRICULAR ACTIVITIES

- Please list your in-school and out-of-school activities and the time commitment you make to each. List leadership roles or any special honors or distinctions. After each activity, list the grades in which you have participated or will participate. If you need more space, please use a separate sheet or write on the back of this page.

Activity	Time Spent on Activity	Leadership/Distinctions	9	10	11	12

- Describe part-time work. Please include a detailed description of your job. What hours of the day/week do you work? How many hours per week do you work?

Employer	Description of Work	Hours per day	Days per week

3. Of all these activities, which is most meaningful to you? Why?

---



---



---



---



---



---



---

4. Describe an accomplishment, special talent, creativity in academic/non-academic areas:

---



---



---



---



---



---



---

5. Summer Experiences

Describe briefly now you spent the last three summers (travel, work, camp). What did you gain from these experiences, i.e., development of talents, leadership and communication skills?

Summer	Activity	Description of experience, development of talent, skills
Example: Summer of 2004	Outward Bound	Utilized my leadership, communication, survival, coping skills in many different situations that I was unaware that I had strengths in.

**ACADEMIC INFORMATION**

Possible college majors: \_\_\_\_\_

Possible career choices: \_\_\_\_\_

What are your SAT Reasoning scores?

Test Date: \_\_\_\_\_ CR \_\_\_\_\_ Math \_\_\_\_\_ WR \_\_\_\_\_  
Test Date: \_\_\_\_\_ CR \_\_\_\_\_ Math \_\_\_\_\_ WR \_\_\_\_\_

What are your Subject Test scores?

Test Date: \_\_\_\_\_ Subject: \_\_\_\_\_ Score: \_\_\_\_\_  
Test Date: \_\_\_\_\_ Subject: \_\_\_\_\_ Score: \_\_\_\_\_  
Test Date: \_\_\_\_\_ Subject: \_\_\_\_\_ Score: \_\_\_\_\_

What are your ACT scores?

Test Date: \_\_\_\_\_ Scores: \_\_\_\_\_  
Test Date: \_\_\_\_\_ Scores: \_\_\_\_\_

What are your TOEFL scores?

Test Date: \_\_\_\_\_ Scores: \_\_\_\_\_  
Test Date: \_\_\_\_\_ Scores: \_\_\_\_\_

What are your AP scores:

Test Date: \_\_\_\_\_ Subject: \_\_\_\_\_ Score: \_\_\_\_\_  
Test Date: \_\_\_\_\_ Subject: \_\_\_\_\_ Score: \_\_\_\_\_  
Test Date: \_\_\_\_\_ Subject: \_\_\_\_\_ Score: \_\_\_\_\_  
Test Date: \_\_\_\_\_ Subject: \_\_\_\_\_ Score: \_\_\_\_\_

1. Is your academic record an accurate measure of your ability? Why or why not?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. How shall I explain a disappointing grade?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Rate yourself against your classmates in the factors listed below:

Below Average	Average	Good Above Average	Excellent (next 10%)	Outstanding (top 5%)	
					<b>Academic Motivation</b>
					<b>Academic Creativity</b>
					<b>Academic Self-Discipline</b>
					<b>Academic Growth Potential</b>
					<b>Leadership</b>
					<b>Self-confidence</b>
					<b>Warmth of Personality</b>
					<b>Sense of Humor</b>
					<b>Concern for Others</b>
					<b>Emotional Maturity</b>
					<b>Personal Initiative</b>
					<b>Reaction to Setbacks</b>
					<b>Respect Accorded by Faculty</b>

1. Write **five words** that come to mind to describe yourself:

--	--	--	--	--

2. How would a parent and/or good friend describe you?

---



---



---



---



---

3. Do you have a favorite quotation or line from a book, movie or song that tells something about you? If so, please write it below.

---



---



---